

Common Warning Signs — A Checklist

DOES THE INDIVIDUAL HAVE DIFFICULTY WITH:

Organization/Executive Function

knowing time, date, year
managing time
initiating tasks
completing assignments
organizing thoughts
locating belongings
making and carrying out plans
making thoughtful decisions and choices
setting priorities
sequencing
learning from mistakes

Physical Coordination

Manipulating small objects
learning self-help skills
cutting
drawing
handwriting
climbing and running
mastering sports

Spoken Or Written Language

pronouncing words
learning new vocabulary
following directions
understanding requests
relating stories (beginning, middle, end)
discriminating among sounds
responding to questions
understanding concepts
comprehending reading passages
spelling words
writing stories and essays

Attention and Concentration

staying on task
completing a task
thinking before acting
waiting
refraining from restlessness
refraining from daydreaming

Memory

remembering directions (esp. multi-step)
learning and using math facts
learning and using new information
learning the alphabet
identifying letters
remembering names
remembering events
studying for tests

Social and Emotional Behavior

making and keeping friends
self-regulating
having appropriate social judgement
refraining from impulsive behavior
tolerating frustration
developing and maintaining good sportsmanship
(winning and losing)
accepting changes in routine
interpreting nonverbal cues
working cooperatively
being able to relax
remaining calm
managing emotions (rage, depression, fear)
developing coping skills and strategies

Important Note: This checklist is a guide for parents and professionals. It should not be used in isolation, but may lead the parent/professional to seek further assessment. All children exhibit one or more of these behaviors from time to time throughout their childhood. A consistent showing of a group of these behaviors should be considered an indication to seek further advice, observation or assessment.